



February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

For Weather related cancellations call 973-535-7925, press 2

- 2nd** Heart Healthy Month. Wear Red Day and come show your support at Town Hall. Program begins at 10am.
- 2nd** AARP meets the first Friday of each month at the Senior / Community Center. 12:30pm. Meetings are open to members only. For membership information call Marlene Reiter at (973) 887-1285.
- 4th** **Join our Veterans Four Chaplains Ceremony 2pm at the Senior/Community Center. Call 973-535-7925 to register.**
- 6th** Old Guard Meeting guest speaker Ellie Ferrer from Ez-Ride, transportation for seniors. Meeting is open to the public after 10:45am. All are welcome.
- 7th** Trip to Sands Casino in PA. Pay \$25, receive \$20 for play and receive \$5 for food. Bus departs Senior/Community Center at 10am. Contact George Gerges at 973-535-9022.
- 7th** Public Library Classic Movie Series—"The Man Who Knew Too Much" 7pm.
- 8th** Nutrition Program with ShopRite Dietitian, Elle Bernardo—"American Heart Month! Elle, your in-store Registered Dietitian at the ShopRite of Livingston, wants you to focus on lowering saturated fat, cholesterol, and sodium and increasing omega 3's and fiber in your diet. Stop by to pick up educational handouts, recipes, and sample a heart healthy recipe!
- 8th** "Let's Build a Healthier Community Together" 7-9pm at the Senior/Community Center. This is an open forum on Mental Health and Substance Abuse. Join local community leaders. All are welcome.
- 9th** Winter Senior Social "Love is in the Air" with Brad Ziffer. 12:30PM coffee and dessert. Entertainment will start at 1pm. Entertainment is sponsored by Brandywine Assisted Living of Livingston. Free. Pre-registration is required. For weather related cancellations call 973-535-7925, press 2.
- 13th** Public Libray presents "Living a Heart Healthy Life" cardiologist, Dr. Lillian Cohen, will make a presentation on heart attack symptoms, differences in men and women, heart health mistakes and how to avoid them, and on how make healthy choices that impact heart health. 7pm-8:30pm.
- 13th** Old Guard Meeting Valentine's Day Party. Members only.



February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

For Weather related cancellations call 973-535-7925, press 2 2

- 14th** Trip to Sands Casino \$25, receive \$20 to play and \$5 for food. Depart Cedar Street Commons. Contact Cedar Street Commons at 973-535-1980 Ext. 11.
- 16th** Keeping Up With Technology with Techie Teen Tutors Club **CANCELLED** for this day.
- 16th** Senior Happening at the Public Library. Bring your own lunch at 12pm. Coffee and dessert will be served at 12:30pm followed by entertainment with Jean & Bill McClelland will present "At Long Last Love: Classics from the Great American Songbook." Registration required 973-992-4600.
- 19th** **Senior/Community Center and Township offices closed in observance of Presidents Day.**
- 20th** Old Guard Meeting, guest speaker Dr. Mark Grebenau on What To Do While Waiting for 911. Meeting is open to the public after 10:45am. All are welcome.
- 20th** Remember When...Yesterday, Today and Tomorrow social group meeting at the Senior/Community Center 1pm-3pm. The group will share memories, listen to music. Group is facilitated by volunteer, Elaine Meltzer. All are welcome.
- 26th** Lecture Series Asian Religions Session I: Hinduism 10am-11am FREE, Pre-registration required. All sessions will be presented by Professor Jerry Klass. Prof. Klass studied Asian Culture for seven years at St. John's University and has taught college level for over 50 years. He has an undergraduate degree in Liberal Arts from the University of Michigan, a Masters Degree in American History from Rutgers University and Post Graduate work in Asian Studies at St. John's University.
- 26th** Public Library, Monday night at the Movies "Wild Oats" 7pm.
- 27th** Poetry Aficionados 2-3pm. Bring your own favorite poems to share with group, or just come and listen. Group meets on the third Tuesday of the month.
- 27th** Old Guard Meeting, guest speaker Ken Devereaux Retirement strategies. Meeting is open to the public after 10:45am. All are welcome.
- 28th** Trip to Resorts Casino in Atlantic City. Bus departs from Senior/Community Center at 10:00am. Pay \$25 receive, \$25 to play and \$5 for food and show. Contact George Gerges 973-535-9022.